



# Pink Heals Manitowoc County, WI

## Second Annual 5K Run/Walk

### Cruising the Course

Saturday, October 26, 2013

### Registration

Early Registration (Includes T Shirt) \$20  
(Must be postmarked by October 11, 2013)

Same Day/Late Registration \$25  
(T Shirt not guaranteed)

Lighted Lantern \$10 Each  
Pre order your lighted lantern to guarantee one.  
A limited amount will be available at the event.

### Event Schedule

Run/Walk Registration 3pm  
(Check In: Fox Hills Crystal Room)

Welcome 3:45pm  
Runners/Walkers Leave 4pm  
(Run/Walk on Golf Course)

Lighted Lantern Release 6pm  
(Lighted lanterns can be purchased in memory or honor  
of someone who has been touched by Cancer)

### Pink Heals 5K Run/Walk Form

Name: \_\_\_\_\_


Address: \_\_\_\_\_


City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

#### Please Circle Heel:

 \$20 Early Registration (Postmarked by October 11)

 \$25 Late/Same Day Registration  
(Postmarked after October 11)

 \$10 Lighted Lantern Fee Included

 I am a Fighter       I am a Survivor

T-Shirt Size (circle one): S M L XL XXL XXXL

I would like to donate \$ \_\_\_\_\_

Checks Payable To: Pink Heals Manitowoc County, WI

### Release of Liability

I hereby certify the following: I am physically fit and have received medical clearance to participate in the Pink Heals Manitowoc County, WI 5K Run/Walk on the Fox Hills Golf Course. In consideration for my application to participate in the 5K Run/Walk on the Fox Hills Golf Course, I on behalf of myself, my heirs, and assigns, and my estate, hereby waive and forever discharge the sponsors, organizers, affiliates, as well as their agents and employees from any and all claims that may occur as the result of my participation.

I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

X \_\_\_\_\_  
Signature (If under 18 years of age parent/guardian signature is required)

Date: \_\_\_\_\_

Mail Registration To: Pink Heals Manitowoc County, WI  
c/o Mishicot Volunteer Fire Dept  
PO Box 8, Mishicot, WI 54228



## Second Annual

# "Mishicot Cares Enough to Wear Pink Days"

October 26, 2013

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### Schedule Of Events

- Pink Heals Fighters & Survivors Parade** **11:30am**  
Parade Line Up Begins at 10:30am at Mishicot High School  
Fire Trucks, Police Cars and Ambulance only. There will be  
a Survivor, and Fighter float.
- Welcome to Fireman's Relay & Fireman's Relay Competition** **12:30pm**  
Welcome & Competition will begin following the parade through Mishicot
- Cruising the Course 5K Run/Walk (Registration Begins)** **3pm**  
Welcome **3:45pm**  
Runners/Walkers Leave **4pm**  
Lighted Lantern Release to follow walk at dusk
- The Band "Beer Club" will Perform Inside Benchwarmers** **7 - 11pm**  
Quilt Raffle Winner Announced  
Live Auction time to be announced

### All Day Events

Inside Fox Hills Crystal Room

Raffles                      Kids Entertainment                      Food  
                                         Vendors                                      Music

Additional Event Information Available:

M.A.G.I.C Newsletter

Pink Heals Mishicot WI Facebook Page



**"Mishicot Cares Enough To Wear Pink Days"  
Firefighter Relay  
Fox Hills Resort & Conference Center  
250 West Church Street, Mishicot WI  
Saturday, October 26, 2013**

Firefighter Relay Start Time: 12:30pm

Entry Fee For Relays: \$50

Trophies: 1<sup>st</sup> Place, 2<sup>nd</sup> Place, 3<sup>rd</sup> Place

Need to bring: Full turnout gear (no breathing apparatus)

Department Name: \_\_\_\_\_

Relay Team Members (Minimum of 4 Firefighters & Maximum of 6)

Team Captain: \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

Team Captain Mailing Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Short Sleeve T-Shirt (\$20 per shirt) \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL  
\_\_\_\_\_ XXL (\$22 per XXL) \_\_\_\_\_ XXXL (\$23 per XXXL)

Hooded Sweatshirt (\$30 per sweatshirt) \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL  
\_\_\_\_\_ XXL (\$33 per XXL) \_\_\_\_\_ XXXL (\$34 per XXXL)

**NOTE:** Please have all team members check in before the event starts to receive important information. Firefighter relay waiver and release forms must be signed before relays begin.

**REGISTRATION DEADLINE: OCTOBER 18, 2013**

Mail registration form and fee to: Pink Heals Manitowoc County, WI  
c/o Mishicot Volunteer Fire Dept  
PO Box 8  
Mishicot, WI 54228

"Like" us on Facebook: Pink Heals Mishicot WI

Email: [mishicotwipinkheals@gmail.com](mailto:mishicotwipinkheals@gmail.com)